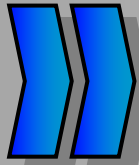


# Balcony gardening



## Lesson Report



**Growing vegetables at home** is a great way to not only boost the range of food available to us, but also to help us shrink our environmental footprints and be kinder to the planet. In this lesson, urban farming consultant Jon Walsh taught Josie's Grade 1 students the ins and outs of **balcony gardening**.

Students learnt a range of different ways to grow food on a balcony as well as the benefits of growing food on a raised location over growing on the ground. They also learnt how important it is for plants to receive ample sunlight.

To wrap up the lesson, students were shown how to build a simple raised garden – a great way to grow bigger quantities of food, including larger vegetables – on a balcony.



Jon showing students how to build a raised garden.



Components of a simple raised garden.

### What did students learn?

- What kinds of food they can grow on a balcony (vegetables, herbs and fruit).
- 14 different ways to grow food on a balcony including ladders, green curtains, coffee cups and shoes.
- How to build a raised garden.



- Urban food production & training
- Garden installation & maintenance
- Gardening demonstrations.

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