

Sustainability lessons

Learning for the future: NOW

WHAT IS THIS?

A customizable series of lessons focused on teaching students practical, use-right-now information and skills about:

- Sustainability
- Self-sufficiency
- Slashing resource use
- Supporting the community, and
- Protecting the environment.



Sustainability consultant Jonathon Walsh describing where a lot of rubbish goes, including the Great Pacific Garbage Patch.

What can students learn?

- ✓ Practical sustainability-related methods and ideas
- ✓ How to reduce rubbish and energy use
- ✓ How to boost personal, family and group self-sufficiency
- ✓ How to take immediate steps to live more planet-friendly lifestyles
- ✓ Practical ways to utilize sustainable strategies to strengthen communities and help others
- ✓ How to create, launch and manage a Class Sustainability Challenge, which can be expanded school-wide
- ✓ Local and global sustainability issues, and more.



WHAT ARE CLASSES LIKE?

Classes can be viewed in the below lesson reports:

1. [What Happened?](#) (From recycling to waste)
2. [Bartering](#)
3. [Time Banking](#)

WHAT DO TEACHERS RECEIVE?

- ✓ **A customized sustainability program**
- ✓ **Lesson reports for each lesson.** (See above)
These can be used to send to parents, inserted into school or class newsletters, magazines, etc.
- ✓ **Social media text.** Use to promote lessons via social media.

EXPERIENCE

Jonathon has run 3 urban farming programs at Tokyo International School (TIS) since 2012 that have shown over 300 students, staff and PTA how to grow large quantities of tasty, no-spray vegetables in their school gardens.

> [More](#) > [TIS Urban Farming Project Report](#)

He is also working with teachers to create and teach a year-long sustainability program at the same school (below).





Lessons

The following sustainability lessons – and more – can be created and taught to meet curricular requirements:

Topics	Key content
Bartering	<ul style="list-style-type: none"> • Benefits of bartering • The important history of bartering • Bartering game • How the inefficiencies of bartering lead to today's money system • How bartering keeps items out of the waste stream.
Time Banking	<ul style="list-style-type: none"> • How time banking works • Key principles, benefits and services time banking can provide • Time banking game • How time banking can benefit all levels of society.
What happened?	Looks at how in just 65 short years, we have gone from a society where recycling was second nature, to now, where we throw away millions of tons of used products every year. Why?
Carbon Footprints	What are they, how to reduce them.
Creating eco-friendly classrooms	Practical ways to make classrooms more eco-friendly.
Class Sustainability Challenge	Helps students to not only learn about the basic principles of sustainability, but also to actually design, implement and monitor a sustainability strategy.
Package-free Shopping	Ways to reduce and eliminate packaging when shopping.
Pressures on the Earth	How our actions and behaviors impact the Earth.
Quality of life & sustainability	What is 'quality of life', how can we measure it, and is it sustainable?



Above: Students actively learning in Jonathon's sustainability classes.

More information

- Lesson topics in this program can be customized to match learning/curricular requirements, budget, and available time, and can involve parents and families to create a wider reach and larger impact.
- Lessons can be organized as one-off, customized short courses, or a full program.
- Lessons can be started at any time (depending on availability) within the Tokyo area.

PROFILE: Jonathon Walsh > [Speaker Profile](#)

PRICING: Please inquire.



- Personal & business sustainability resources, training and advice
- Urban food production & training
- Garden installation & maintenance

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