

Recovery From Disaster

Lesson Report



In this lesson, urban farming consultant Jon Walsh taught students 2 key things that together can help us to maximize our chances of **surviving a natural disaster**:

- 1/ Be prepared
- 2/ Know how to survive.

Students were asked to imagine Tokyo had just been hit by a huge earthquake, some of them are injured, lots of buildings have collapsed, etc..... and then discussed and listed probable priorities from food, water, shelter and treating injuries (photo above right.)

Next, students were shown what kinds of things should be in an emergency bag and household emergency kit, and challenged to come up with ways to find and/or source the essentials – water and food, including collecting rainwater and growing vegetables from seeds.

Finally, students received a crash course in basic survival tips and First Aid, including how to make plates and eating utensils out of cardboard cartons and plastic bottles, how to use newspapers to make splints, plastic bags to make slings, and more.



Students practice setting up a rain collector sheet.



Broken arm?
Support it with a simple plastic shopping bag with a slit cut down one side.

Broken leg?
Make a makeshift splint out of a folded newspaper bound to the leg with plastic wrap.

What did students learn?

- What key priorities will be after an earthquake
- Key items that should be in an emergency bag and household emergency kit
- How collecting rain and growing food can be integrated into a disaster survival strategy
- Basic survival and First Aid tips.



- Urban food production & training
- Garden installation & maintenance
- Gardening demonstrations.

E-mail: info@businessgrow.net